

# Getting Started In Sailing For Adults

If you fancy getting involved in our fantastic sport but not sure where to start then this talk is for you!



Paula Bentley Paul Miller David Maltby Roger Belton
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### The offer

- Getting started sailing:
  - 1:1 tuition 3 hours Saturdays need to book
  - Discover Sailing day 15<sup>th</sup> June
- Building confidence:
  - Thursday Evening Social Sailing
  - Fun Family Saturday Sailing
  - Dates & times in the FSC programme
- Specific training courses:
  - Level 1, Level 2, Seamanship, Racing, Spinnakers



#### Tuition and boat hire prices 2024



Item	Non Member	Social Member	Sailing Member
3 hour Instruction including boat hire 1:1	£78*	£44	£44
3 hour instruction including boat hire not 1:1	£68*	£34	£34
Boat hire only (training boat) - 1hr	X	X	£7
Boat hire only (training boat) - 3hr	Х	X	£14
Boat hire only (ILCA or Laser 2000) - 1hr	X	Х	£15
Boat hire only (ILCA or Laser 2000) - 3hr	Х	X	£20
Saturday fun family sailing	Х	Х	Free + Boat Hire charge
Thursday evening social sailing	X	X	Free + Boat hire charge
Power Boat Level 2 course 2 day	X	£150	£150

<sup>\*</sup> These courses are offered to non members only once per calendar year.



## Opportunities....

- RYA courses Sail training
- RYA Powerboat & safety boat training
- Training on beach duties, and how to stay safe
- Supporting racing on safety boat and in race office
- Race management training
- Helping on Friday Youth Nights
- Helping at open meetings
- Helping at Youth Regatta
- Monday race training & Youth Squads (not for beginners)

## FAQ

- Will it be fun?
- What do I need?
- Use of showers & changing?
- What about weather?
- What about tides?
- What qualifications do instructors have?
- What dinghy will I sail?
- How can I build my confidence?
- Can I hire a club dinghy?
- How can I join the club? And what category is appropriate?

# Any other questions?

### Contacts:

- Paul Miller (about any training)
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- David Maltby (Thursday & Saturday sailing)
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