



DEVELOPMENT PROGRAMME

Moving from
RYA Training into weekly racing
For all sailing members (youth and adult)
2019



| MONTH | DATES | Time | ACTIVITY | COMMENTS |
|--------------|-----------------------|-------------------------|--|--|
| APRIL | Friday 5 April | 18:00 | Youth Friday – Sign on | Open to all youth. Sign on and joining as members Encouragement of parents to help with support and duties (See 15-18 April, 4 May, 11 May, 25 May) Plan rota to open up club on Youth Nights Plan rota for parental duties including canteen |
| | Mon 15 April | 18:00 – 20:00 or | What do team duties involve? A fun evening of exploration | We are keen to encourage all members to help us run various activities eg youth nights, Saturday Development days, Racing on Wednesdays and Sundays and RYA training days This activity is open to all members, both sailing and supporters, who are interested in what a team duty involves. Members can choose one evening to attend to find out more about safety boat, race officer, assistant race officer, and beach duties. Please sign the Doodle to say when you would like to come The bar will be open Plus two practical sessions on Sat 4 and Sat 11 May and an opportunity to do a duty taster on 25 May Push the Boat out |
| | Tues 16 April | 18:00 – 20:00 or | | |
| | Wed 17 April | 18:00 – 20:00 or | | |
| | Thurs 18 April | 18:00 – 20:00 | | |
| | Fri 26 April | 16.45 onwards | First Youth Sailing | Opportunity to show all youth and parents how things work at FSC including how to help, what to do, where to store things and how to look after them. First chance for experienced youth sailors to show rookies more about the club and sailing |

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| MAY | Fri 3 May | 16.45 onwards | Youth Sailing | Experienced youth take out beginners |
| | Sat 4 May | 14:00 | Intro to sailing at FSC 1 | An opportunity to show all expectations at FSC eg list of what to do, where to put things, how to look after them, how to pay for boat hire. Rigging, washing, derigging and packing away Powerboat practical training + launch, recovery |
| | Fri 10 May | 16.45 onwards | Youth Sailing | Experienced youth take out beginners |
| | Sat 11 May | 10:00 | Intro to sailing at FSC 2 | As 4 May above as well as rigging, dry land practising, derigging and storage Powerboat practical training + launch, recovery |
| | Sun 12 May | 11:00, 12:00, 13:00 | Novice racing, youth and adult | 3 races back to back for novices, adult and youth. Need team of at least 4 ie RO x 2, and Safety cover <i>For club members not going to POSH</i> |
| | Fri 17 May | 16.45 onwards | Youth Sailing | Experienced youth take out beginners |
| | Sat 18 May | 14:00 | Skills Saturday 1 | Lead instructor to talk about skill to be developed eg quality tacking, reaching and up wind sailing |
| | Fri 14 May | 16:45 onwards | Youth Sailing | Experienced youth take out beginners |
| | Saturday 25 May | 10:00-13:00 | Push the Boat out | RYA push the boat out, encouraging all members and friends to have a go sailing and in the powerboats. Opportunity for more experienced sailors to show their boats, or take people out Opportunity for members to have a taster of duties |
| | Fri 31 May | 16:45 onwards | Youth Sailing | Experienced youth take out beginners |

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| JUNE | Fri 7 June | 16.45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |
| | Sat 8 June | 10:00 | Skills Saturday 2 | Lead instructor to talk about skill to be developed eg quality gybing, downwind sailing |
| | Fri 14 June | 16:45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |
| | Sa 15 June | 14:00 | Skills Saturday and Race Training 1 | Lead instructor to talk about skill to be developed eg Start racing skills |
| | Fri 21 June | 16:45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |
| | Sat 22 June | 10:00 | Novice/Buddy Race 1 | Novices and experienced sailors to team up and support each other during race |
| | Fri 28 June | 16:45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |

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| JULY | Fri 5 July | 16:45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |
| | Sat 6 July | 10:00 | Novice/Buddy Race 2 | Novices and experienced sailors to team up and support each other during race |
| | Fri 12 July | 16:45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |
| | Fri 19 July | 16:45 | Youth Sailing and Racing | Two groups – Start/intermediate sailors Racing |
| | Sat 20 July | 10:00 | Novice/Buddy Race 3 | Novices and experienced sailors to team up and support each other during race |

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| AUGUST | Fri 2 Aug | 16:45 | Youth Sailing | All together including fun races and events |
| | Sat 3 Aug | 10:00 | Novice/Buddy Race 4 | Novices and experienced sailors to team up and support each other during race |
| | Fri 9 Aug | 16:45 | Youth Sailing | All together including fun races and events |
| | Sat 10 Aug | 11:00; 12:00; 13:00 | Club Regatta – Novice Adults | Full adult sailing members only. An opportunity for novice adult sailors to have a go in a proper regatta with support and guidance from other club members |
| | Fri 16 Aug | 16:45 | Youth Sailing | All together including fun races and events |
| | Sat 17 Aug | 14:00 | Fun sailing for all | Open afternoon for all to have fun together within agreed sailing area |
| | Fri 23 Aug | 16:45 | Youth Sailing | All together including fun races and events |
| | Sat 24 Aug | 10:00 | Family fun day | Body boards/paddle boards/kayaks/sailing for all Open afternoon for all to have fun together within agreed sailing area |
| | Tues 27 Aug | 9:30- 16:00 | Youth Race | Youth race training for WSSYSA |
| | Wed 28 August | 9:30- 16:00 | Youth Race | Youth Race training for WSSYSA |
| | Fri 30 August | 9:30- 16:00 | Youth Race | Youth Race training for WSSYSA |
| | Sat 31 August | 14:00 | Team/Relay Racing Novice and Buddy | Races dependent on participation and weather. Experienced racers to partner up with Novices for fun team and relay racing |

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| SEPT | Fri 6 Sep | Tbc | Prep for WSSYSA regatta | No youth sailing, but help required to prepare for WSSYSA |
| | Sat 7 – Sun 8 Sep | | Youth Racing | WSSYSA regatta |
| | Sat 28 Sep – Sun 29 Sep | Tbc | Youth Racing | British Youth Sailing Regional Junior Championship (QMSC) |
| | Fri 25 Oct | 19:00 | Youth | Youth Prizegiving |
| OPEN TO ALL | OPEN TO YOUTH ONLY | OPEN TO ADULTS ONLY | | |

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